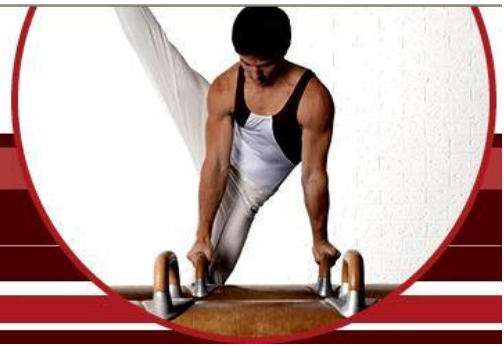




where every star has a chance to shine.



Incorporated in New South Wales Unit 1, 8 Aquatic Drive, Frenchs Forest NSW 2086, PO Box 537 Frenchs Forest NSW 1640  
Tel: 02 9453 5481 Fax: 02 9453 5093 [info@mwgymclub.com](mailto:info@mwgymclub.com) [www.mwgymclub.com](http://www.mwgymclub.com) ABN 54 548 026 174

## May 2011 Round-off Newsletter

### Term 2

#### What's on in this newsletter

News- Changes to MCGC Structure  
Kindergym Carnival  
Pit Cleaning  
Northern Beaches Local Business Awards  
Kids Night Out  
Competitions  
Membership Packs  
Gym Bag Order  
Deposits

#### Important Dates:

#### **2011 Term Dates:**

Term 2 Wednesday, 27 April 2011 to Saturday, 2 July 2011  
Term 3 Monday, 18 July 2011 to Saturday, 24 September 2011  
Term 4 Monday, 10 October 2011 to Saturday, 18 December 2011

#### **Events:**

21 May In House WG Competition  
22 May Kindergym Carnival  
28 May Kids Night Out  
28/29 May WG NDP/IDP WG L6-10 & Elite State Champs SOPSC  
28/29 May MG State Champions SOP  
4/5 June WG NDP/SS WG SMC Gala 1-10 Five Dock  
5 June WG IDP Bronze squad clinic #1Carmel & Co  
11/12 June MG GP 2 Newcastle  
18/19 Jun WG NDP SAG Invitational NDP4-6 & SS4-10 Qualifier SAG  
25/26 Jun WG NDP/SS Blackert Invitational NDP 4 & 5, SS 4-6 Qualifier Blackert Gym  
26 June WG NDP Epping YMCA Invitational NDP 4&5 Qualifier Epping YMCA  
3 July WG NDP/SS Epping YMCA Invitational NDP1-10/SS1-3/IDP Epping YMCA



**Pit Cleaning Saturday 18<sup>th</sup> June 5-8pm**  
**(quicker if we recruit more people!) Please contact office for further details. Every little helps!**

#### General Managers Report

With Term 2 now fully underway, it has been awesome to see so many of our classes full once again. On saying that we do still have some availability in our Kinder Gym & Junior Gym lessons, so if any of your friends are considering gymnastics let them know.

In our competitive stream our girls and boys have already been in action this year, preparing for Senior State Championships in less than 2 weeks time.

In the Trials both the Boys & Girls have gone well and we are hoping to see some tight performances at State and hopefully qualification to compete for NSW at the 2011 National Championships.

I would also like to congratulate Vanessa Cook in her new role at the Club. Vanessa was recently appointed to Business and Program Manager effective as of Monday 9<sup>th</sup> May 2011.

And just in case anyone is wondering Vanessa will still be running the majority of our Kinder Gym Lessons!

Finally, enjoy the term at MWGC and please remember if you would like to give me any feedback on anything at the club you can email me direct at [mshields@mwgymclub.com](mailto:mshields@mwgymclub.com)

Kind regards, Martin



SECURING YOUR FUTURE  
1300 303 661



## News!!

### Accounts

We would like to thank everyone who made the effort to pay their Term accounts so quickly. It is much appreciated!



Tired of the queues! Why not save time and pay online via direct deposit: Manly Warringah Gymnastics Club, BSB: 062 295, Acc #102 454 76. Please leave your name and invoice number (top right hand side of invoice) as a reference with your payment. Alternatively you may book and pay by credit card over the phone. If you are not receiving our emails, please contact reception asap. All invoices are emailed.

### Rebooking: **Week 7 Term 2 onwards**

Gymnasts must be rebooked into the following classes: Kindergym, Juniorgym, Recreational, Senior Recreational, Advanced Recreational, Pre- Levels, Tricking, Adult Gym. Your place is not held unless a deposit or term fee is paid. Rebooking starts Week 7. If you are not returning to a Squad class, please let us know asap.



### Sydney Entertainment Books

Still selling for \$65, the 2011 | 2012 Sydney North Entertainment™ Books are filled with over \$15,000 in valuable offers, including 50% off, 25% off and 2-for-1 offers from the best restaurants, attractions, cinemas, sports and hotel accommodation. By purchasing the new Entertainment™ Book now, you'll be one of the first to receive your new Book when they are released in early April, plus you'll receive valuable bonus offers you can use straight away. MWGC retains 20% of all sales for fund-raising ☺.



## KINDERGYM CARNIVAL PRESENTS... TEDDY BEAR'S PICNIC!



We would like you to invite your Friends and Family to come and join you in the Kindergym carnival. (Theme orientated free play- so you can show them your Kindergym skills!)

**Date:** Sunday 22<sup>nd</sup> May 2011

**Time:** 9-11am

**Cost:** \$5 per child (aged 18months to 5 years) (to cover staffing and venue hire.)

**Theme:** Teddy Bear's Picnic

**What to wear:** Normal Kindergym clothing (no jewellery, skirts or dresses please.)

**What to bring:** Bring along your family and friends and show them all your Kindergym skills! Don't forget your camera!

RSVP with payment and form by Friday 20<sup>th</sup> May 2011 to the office.



## Kids Night Out



### Welcome to Disneyland

Saturday 28<sup>th</sup> May

6pm – 9pm

Games and Fun!!!

Come and join us for a fun night in our gym. Our qualified coaches are running a Saturday night full of games and good times and we want you. So tell your friends to come along with you!

Cost: \$20 per child, \$50 for 3 children in the same family

(\$10 charge per every 15min late for pick up)

Dinner and drinks are included

**Bookings Essential**  
For children 5 years and up



Manly Warringah Gymnastic Club  
Unit1, 8 Aquatic Drive, Frenchs Forest  
Tel: 02 94535481  
www.mwgymclub.com

**What:** Working Bee needed! We would like to clean out our 2 foam pits. (Remove the foam from the pit, place foam on tarpaulin, vacuum the pit, replace the foam.)

**When:** Can you help? Saturday 18<sup>th</sup> June 2011 5pm - 9pm (approx- quicker if more people!)

**How:** If you would like to help co-ordinate the project or help, we would really appreciate it ☺ Please contact the office.



## New Staff

There are lots of new faces in the gym now!



We would like to welcome and introduce to you our new Coaches!



### Xiaqing Li

#### **Personal Gymnastic Experience:**

State Representative Gymnast for Yun Nan (1982-1989).  
1988 Chinese National Beam Champion  
1985 Beam Champion at the Hungary International, representing China.  
1986 Placed 2<sup>nd</sup> on Beam at the Australian International, representing China.

#### **Coaching Experience:**

Originally from Chinese National Team. Xiaqing coached the Chinese National Team from 1996-2001 and took them to the 1999 World Championships in Tianjin of China (China – Team 3<sup>rd</sup>, Beam 1<sup>st</sup>, Bar 2<sup>nd</sup>, Floor 4<sup>th</sup>), 2000 Olympic Games in Sydney (China- Team 3<sup>rd</sup>, Beam 1<sup>st</sup>, Overall 3<sup>rd</sup>, Bars 2<sup>nd</sup> and 3<sup>rd</sup>, Floor 4<sup>th</sup> and 5<sup>th</sup>), and 2001 Good Will Games in Brisbane (China- Beam 1<sup>st</sup>).



### Ming Lu

#### **Personal Gymnastic Experience:**

Represented Chinese National Team 1979-1987  
1984 At the Coca Cola Cup in London, Pommell 1<sup>st</sup>, Rings 2<sup>nd</sup>.  
1985 at the American Cup, Pommell 2<sup>nd</sup>, Rings 3<sup>rd</sup>.  
1985 at the Italy Roma, Pommell 2<sup>nd</sup>, Rings 2<sup>nd</sup>.  
1985 at the World Championships, Team 2<sup>nd</sup>

#### **Coaching Experience:**

1988-present day Lu was brought to Australia where he coached at the AIS in Canberra and various other High Performance centers. During Lu's time in Australia, Lu has coached State, National and International Champion Gymnasts. Lu is regarded as one of the top coaches in the country and it is a delight to for Manly Warringah Gymnastics Club to have Lu on board.



Welcome to **Rylee Hardy**, who is a current gymnast also training to be Junior gymnastic coach. If you are also interested in coaching, please contact Vanessa for further details.

### **The 2011 Northern Beaches Local Business Awards**

We've entered MWGC into the 2011 Northern Beaches Local Business Awards. Please vote for us! [www.thebusinessawards.com](http://www.thebusinessawards.com) (Closing date Friday 20<sup>th</sup> May.)



### **Communication**

If you have any queries or need to contact a coach, please contact our administration team by phone or email and they will pass on your message. We cannot give our coaches personal contact details.

Classes:

### **Gymnastics NSW Membership Packs Are Out now!- Pick them up at your next class.**

As an affiliated Gymnastics Club, we at MWGC must register each gymnast (as part of your Annual Insurance, Registration and Membership fee) as an Athlete Member of Gymnastics Australia. This includes Personal Accident Insurance Cover as part of the National Risk Protection Programme) per athlete.

### **Why become an Athlete Member of Gymnastics Australia?**

Gymnastics Australia has in excess of 120,000 registered athlete members operating in over 550 Gymnastics Clubs throughout Australia. Collectively, the strength in athlete numbers provides Gymnastics Australia, with an opportunity to lobby the Australian Sports Commission for funding to conduct the activities of all gymsports.

By becoming a member of your State Association (and in turn Gymnastics Australia) you are being counted as an active participant in Gymnastics and assisting Gymnastics Australia to meet your growing needs as an athlete.

It is only when Gymnastics Australia knows who its members are, that it can actively contribute to improving the quality and standard of services to its members. There is much truth in the old adage... "strength in numbers".

### **The Benefits of Athlete Membership for 2011**

In addition to being counted as a member of a sport that boasts 120,000 members nationally, by becoming an athlete member of Gymnastics Australia you will receive the following benefits:- Personal Accident Insurance Coverage, NSW Membership Card and Kindergym Passport (Kindergym Members only.)



## Competitive Gymnastics



Congrats to all the Elite girls for their first Elite State Trial competition. Steph and Nat were very impressed with their performance. State

qualification to be confirmed shortly.

Also well done to Jess Villegas and Lina van Hamond for qualifying for the L6 State Champs which are being held on Sunday 29 May.

WG L1-3 In-house comp this Saturday. We are still searching for volunteers for the BBQ!



MWGC would like to congratulate all 9 boys who have qualified for Senior State Championships at Sydney Olympic Park on Saturday 28<sup>th</sup> May 2011.

The Club would like to wish the boys all the best, and we are hoping that we have a few boys selected onto the NSW State Team to compete for NSW at the 2011 National Championships in July.

Be advised on the weekend of 11/12 June, our Junior Boys will be in action for the 1st time this year at Glendale Hunter Invitational. Good luck!

### **CHANGES TO THE STRUCTURE OF MANLY WARRINGAH GYMNASTICS CLUB.**

Notice to all members,

After consulting legal opinion we are required to notify all members of changes to the structure of MWGC.

I wish to notify you all that our club has undergone massive changes in the past 3 years and we have restructured the way we operate and account on a day to day basis.

We are now financially stronger than ever and our club is moving and working towards a new venue, MWGC is rock solid and here to stay!

We have for the last few years submitted financial reports from our auditors to Fair trading that have raised eyebrows, our legal position to remain a "small club" has been in question for quite a while and now that we have increased the overall revenue again to its current level we are forced to make these changes.

Due to the success of our club and it's continuing growth we have had to change our registered status from our current Not for profit Organisation to a Company Limited by Guarantee.

This is a simple legal process that must be undertaken as we have exceeded the turnover allowed by Fair Trading to stay under our old banner.

Nothing changes in regard to the position of our club and I need to notify all the members that we are still wholly owned by the community, still non for profit and at present those who will serve as the board of Directors are unpaid and hold these positions as volunteers with the exception of Mr Martin Shields.

We have a board made up of members the previous committee and management.

Members of the new board were accepted as follows,

Mr Ian Hardy (parent of members and current President) to be CEO of the new board

Simon Fraser (parents and fundraising manager, acting as secretary) to be the nominated secretary of new board

Martin Shields (General Manager and Head of coaching MWGC) to be a member the new board to represent the staff and management.

Donalda Brown (parent of members and current committee) to be a member of the new board representing the members.

It has been resolved by the committee of MWGC that the business status of the club will undergo changes to comply with Australian Securities and The Department of Fair Trading rules and regulations.

If anyone wishes to enquire about any details of these changes please contact me directly on 0418 250 880.

I thank all involved for the trust in me to keep our club moving forwards and I thanks all involved for the ongoing help and support.

**Ian Hardy**

**President of MWGC**



**Birthday parties..** Did you know that MWGC holds up to five birthday parties each weeknd? They are so popular we book up way in advance! If you would like your child to have their next party at the gym, phone the office asap 9453 5481. Parties are adapted to age and skill. Inc: 60mins of gymnastics, 30 mins in the ever popular pit. 30 mins food / drink / birthday cake time. You bring the food, we supply the fun! The Birthday child must be at least turning 4 years old and all guests must be 3.5 year old for above!